Questionnaire / Self Report

A psychologist conducted a questionnaire amongst first time mothers to investigate their experiences against their expectations. The psychologist advertised for first time mothers using posters displayed at 4 different hospitals around the UK. An extract from the advert can be seen below:

**Are you a first time mum?**

Would you be willing to take part in research about the experiences and expectations of first time mothers?

The research would require you completing two questionnaires; one questionnaire when you are 6 months pregnant and another questionnaire when your baby is 6 months old.

Your results will remain confidential. If you decide to participate you can still withdraw from the research at any time.

If you would like more information or would like to take part in the research, please contact

[A.Researcher@wjec.ac.uk](mailto:A.Researcher@wjec.ac.uk)

The psychologist used the first 10 women to respond to her advert. She emailed the first questionnaire when the women were 6 months pregnant and then emailed the second questionnaire when the babies were 6 months old.

One of the questions included in both questionnaires was ‘How satisfied are you with your life at present?’ The women responded to this question on the scale, as shown below and the results are given in *Table* 2.

|  |  |  |  |
| --- | --- | --- | --- |
| 0 | 1 | 2 | 3 |
| Not satisfied | Slightly satisfied | Mostly satisfied | Completely satisfied |

*Table 2. Responses to “How satisfied are you with your life at present?’*

|  |  |  |
| --- | --- | --- |
|  | **Satisfaction score** | |
| **Woman’s ID number** | **At 6 months pregnant** | **When baby 6 months old** |
| **1** | 3 | 3 |
| **2** | 2 | 3 |
| **3** | 1 | 3 |
| **4** | 3 | 1 |
| **5** | 2 | 3 |
| **6** | 3 | 3 |
| **7** | 0 | 0 |
| **8** | 3 | 3 |
| **9** | 2 | 3 |
| **10** | 3 | 2 |

(WJEC unit 2 SAMs)

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