## Hinduism Key Concepts and Useful Terms



# Learners should be able to explain and apply these terms in relation to the themes

- **1. Arti** A form of Hindu worship/prayer in which burning lamps are waved before the statues of the gods to invoke their presence.
- Atman The individual self or soul that is believed to be non-physical and return to Brahman once moksha is achieved.
- **3. Avatar** The incarnations of a deity, sometimes in human form; most commonly used is Vishnu, the Preserver God, who was incarnated through Krishna.
- **4. Bhakti** An act of love and devotion to a personal God performed as an act of worship.
- 5. **Brahman** The supreme power in the Universe; ultimate reality; God.
- **6. Mandir** A Hindu place of worship or shrine.
- 7. <u>Murti</u> An image or statue of a God/Goddess; one or more of these are often the focal point of puja.
- **8. Nam Samskar** The baby naming ceremony performed by Hindus. Also known as namakaran or naam sanskar.
- 9. Puja Prayer/worship of the gods; offerings. Offerings are given to the murti.
- **10.** <u>Trimurti</u> The three major aspects of the Brahman, the supreme power; Brahma the Creator, Vishnu the Preserver and Shiva the Destroyer.
- **11. <u>Upanaya</u>** Sacred thread ceremony performed by Hindus.
- **12.** <u>Varanasi</u> A holy city built on the banks of the river Ganges; a place of pilgrimage for Hindus. Also known as Benares.

#### Other useful terms:

- 1. Antyesti The name given to the Hindu funeral rite literally translated as 'last sacrifice'.
- 2. Bhagavad Gita The Hindu holy book; the "Song of the Lord".
- 3. Brahma The Creator God one of the members of the Trimurti.
- 4. <u>Danda</u> Hindu equivalent of punishment. This traditionally took the form of a stick or staff.
- 5. <u>Deity</u> A god or goddess.
- <u>Dharma</u> The religious and moral duty in relation to a person's status in Hindu society as determined by caste.
- 7. <u>Ganesh</u> The elephant-headed God; god of good beginnings; symbol of luck and remover of obstacles. He is often the first to be worshipped.

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- Hanuman The monkey God; Hero of the Ramayana, God of strength.
- 9. <u>Havan</u> A purifying ritual that involves the use of a sacred fire.
- 10. Ishtadev A personally chosen God.
- 11. <u>Japa</u> The repetition of a mantra or the names of God. This can be done aloud or in the mind.
- 12. Kalyanam The name given to the Hindu marriage ceremony in Southern India.
- 13. <u>Karma</u> The belief that actions, and the consequences of these actions, determine whether the atman will be released from the cycle of birth, death and rebirth. One could gain positive and/or negative karma.
- 14. Krishna An avatar of Vishnu, which is worshipped widely.
- 15. <u>Kurma Purana</u> A Medieval era Vaishnavism holy text.
- 16. <u>Lakshmi</u> The goddess of wealth and fortune and wife of Vishnu the Preserver God. Popular at the time of Diwali when diva lamps are put in windows to attract her attention.
- 17. Mahabharata One of the two epic poems of India that includes the Bhagavad Gita.
- 18. <u>Mantra</u> A sacred verse from the ancient scriptures that is repeated before and during worship; usually written in Sanskrit.
- 19. Moksha The release from the cycle of birth, death and rebirth; liberation; ultimate union with God.
- 20. <u>Namaste</u> A greeting, usually said with hands clasped in front of the body; literally "I bow to God as you".
- 21. Om A sacred syllable; said to be the first word ever lettered and the first sound heard; the most sacred mantra (sometimes Aum).
- 22. <u>Papa</u> Actions that lead to negative results and spiritually degrade a person.
- 23. Pilgrimage A journey to a place of religious significance undertaken for spiritual gain.
- 24. Prashad Food offered to the gods and shared with the congregation.
- 25. <u>Punya</u> Actions that bear positive results and spiritually elevate a person.
- 26. Rama The seventh avatar of Lord Vishnu and the hero of the Ramayana.
- 27. <u>Ramayana</u> One of the two great epics of India that tells the story of Rama, the seventh avatar of Vishnu.
- 28. Rig Veda The oldest of the Hindu scriptures, literally "royal knowledge".
- 29. <u>Samsara</u> The constant change of the world through a process of birth, death and being reborn through reincarnation.

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- 30. <u>Samskara</u> Ceremonies that are rites of passage to mark key transition periods in life. E.g. naming ceremony, marriage or death rites.
- 31. Sanskrit Language of the ancient scriptures.
- 32. <u>Saraswati</u> The goddess of music, art and learning and wife of the god Brahma.
- 33. <u>Shaivism</u> Literally translated as 'Shiva's Path' and refers to groups of Hindus who revere Shiva as the Supreme Being.
- 34. Shiva The most ancient Hindu deity, the Destroyer God a member of the Trimurti.
- 35. <u>Upanishads</u> The Hindu scriptures; final section of the Vedic scriptures.
- 36. <u>Vaishnavism</u> The largest Hindu denomination comprised of many subdivisions. They revere Vishnu as the Supreme Being.
- 37. Vedas The oldest Hindu scriptures that reveal knowledge.
- 38. Vishnu The Preserver God member of the Trimurti.
- 39. <u>Vivaah Sanskar</u> The name given to the Hindu marriage ceremony in Northern India.
- 40. Yajnas Ritual sacrifices performed during worship.